



# Ox Bile

## Essential for Fat Digestion\*

Ox Bile is derived from a bovine source and is a suitable supplement to the liver's production of bile.\* Bile is naturally produced by the body and is used in the process of digestion. Symptoms of constipation and a tan colored stool may indicate that the body's production of bile is less than optimal.\*

### Traditional Features

- Thought to supplement the liver's production of bile\*
- Bile plays a key role in the digestion of fats\*
- Bile assists in the absorption of fat-soluble vitamins A, D, E, and K\*



Item #76370  
125 mg • 180 vegicaps



Item #70850  
500 mg • 100 vegicaps

## Ox Bile • 125 mg

### Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 180

Amount Per Serving	% Daily Value
Bile (Bovine)	125 mg †

† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

**Suggested Use:** As a dietary supplement, 1 capsule one to three times daily with meals containing fat, or as directed by a healthcare practitioner.

**Caution:** Best taken with a high fat content meal. If GI distress occurs, discontinue or use a lower dose. Consult a qualified healthcare practitioner before taking higher doses or using this product long-term, or if you have a history of liver or gall bladder dysfunction.

## Ox Bile • 500 mg

### Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 100

Amount Per Serving	% Daily Value
Bile (Bovine)	500 mg †

† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

**Suggested Use:** As a dietary supplement, 1 capsule one to three times daily with meals containing fat, or as directed by a healthcare practitioner.

**Caution:** Best taken with a high fat content meal. If GI distress occurs, discontinue or use a lower dose. Consult a qualified healthcare practitioner before taking higher doses or using this product long-term, or if you have a history of liver or gall bladder dysfunction.